



## **Role of Sponsors for Confirmation**

The Sacrament of Confirmation has three activities for sponsors to perform. Sponsors bring candidates to be Confirmed, present them to the minister for anointing, and support them in fulfilling their baptismal promises.

It is required that sponsors be full members of the Catholic Christian community. Candidates are encouraged to choose godparents as their sponsors because the godparents' role of helping young people fulfill their baptismal promises. The candidate can, however, choose someone else as a sponsor as long as the person is a baptized Catholic Christian and not one of his or her parents.

### **Options for Sponsors**

1. Praying with your candidate
2. Attend the special session in the Fall and Spring
3. Pray for your candidate during his or her retreats and throughout the preparation
4. Periodically have an informal discussion on the preparation with your candidate over a meal
5. Participate with the teenager in activities, i.e., take him or her to a movie and talk about it over a snack afterwards
6. Encourage the teenager to keep a personal journal and share reflections of your own from daily life.
7. Share with the teenager the significant moments in your faith life.
8. Find five other adults who are going to pray for the teenager.
9. Send a card to the teenager on the anniversary of his or her baptism.
10. Go with the teenager to Sunday Mass
11. Invite the teenager to Penance Services or other church events. Take him or her for ice-cream afterwards and talk about what happened
12. Give the teenager a poster, icon, picture of Jesus, picture of the saint chosen for Confirmation that he or she can place in a prayer corner at home in his or her room.
13. Decide together on one meaningful service project in which you both will be involved.
14. Discuss with the teenager the saint chosen in Confirmation

